



HÅG H05®

So simple. So clever.

Think fresh and act fast. HÅG H05 is your chair. It's ingeniously simple to adjust. With only one lever and one wheel, you can easily personalise your sitting experience. A simple and clever design, equipped with HÅG's unique tilting mechanism. Great comfort and complete freedom of movement at work has never been this easy.

Your workplace will be complete with a HÅG H05 Communication, a visitor's chair that matches your work chair. This collection provides a personal and active sitting solution for all types of work environments.



Design: Peter Opsvik
Patent and design protected
Interior photos: Per Gunnarsson. Product photos: Pål Laukli



HÅG H05 5600 w/optional headrest



HÅG H05 5200



HÅG H05 5100



HÅG H05 5500 w/optional headrest



HÅG H05 5400



HÅG H05 5300

HÅG H05 USER ADVANTAGES:

Easy adjustments of the chair with the 4-in-1 adjustment wheel

- Seat depth, back height and forward and backwards tilt resistance in one wheel
- Seat height adjustment
- Possibility to adjust backrest separately
- Lockable in three positions
- Armrests are height and width adjustable (optional for 5100 and 5200)

HÅG Swingback® armrests (optional)

- Allows the armrests to be rotated out of the way and behind the chair so that you can move closer to your desk. You can also sit sideways.

BalancedMovementMechanism™ - balanced, flowing tilt function backwards and forwards

Headrest (optional)

- The headrest is optional and gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement.

10 years guarantee

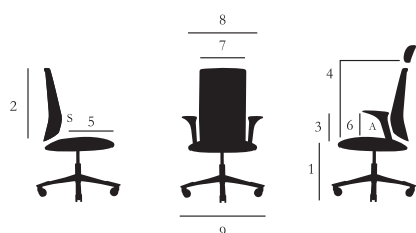
Approved for 24/7 use, 5 years guarantee

Environmentally-friendly

- ISO 14025 EPD
- GREENGUARD certificate – ensures the chair is free of hazardous emissions
- Green electricity certificates

HÅG's quality system is approved according to NS-ISO 9001. We were the first office chair manufacturer to become ISO 14001 certified, EMAS registered and to receive ISO 14025-based environmental declarations for our chairs. HÅG office chairs are tested in accordance to EN 1335 Class A. For more detailed information please contact your HÅG dealer or visit our web: www.hag-global.com

PHYSICAL MEASUREMENTS FOR HÅG H05	5100	5200	5300	5400	5500	5600
Seated height 150 mm lift [1]	390-530*	390-530*	390-530*	390-530*	390-530*	390-530*
Height of back piece [2]	455	450	520	515	600	595
Height of foremost support point on back piece and adjustment interval [3]	150-230	150-230	150-230	150-230	150-230	150-230
Seat depth [5]	384-480	384-480	384-480	384-480	384-480	384-480
Height of armrests and adjustment interval [6]	200-280	200-280	200-280	200-280	200-280	200-280
Seat width [7]	485	485	485	485	485	485
Max. chair width [8]	600-700	600-700	600-700	600-700	600-700	600-700
Five star base diameter [9]	700	700	700	700	700	700
Weight	12.5 kg	13.0 kg	16.0 kg	16.5 kg	18.0 kg	19.0 kg



A The seat's centre is loaded with 64 kilogrammes before measuring.

S The foremost point on the back is the reference point for measuring the back support adjustment.

Measurements in millimeters. Seat height measured with 64 kilogrammes load. Tilt range is 11° forwards and 15° backwards from neutral position. Neutral position is 3° backwards. Please note that these measurements are not absolute. They may vary slightly from chair to chair.

* Standard lift according to EN 1335